

NOVEMBER 2022

Sheridan Elementary School

BREAKFAST



School Information:

Nov. 1st e-Learning Day, students not in attendance
Nov. 23rd – 25th Thanksgiving Break
This institution is an equal opportunity provider.



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY

Please check out our Wellness Policy, Offer Verses Serve information, and our Procedure for Student Meal Accounts, found on our school website.

TUESDAY

e-Learning day
students not in attendance

WEDNESDAY

WAFFLES, FRUIT, JUICE, MILK

THURSDAY

CHOCOLATE FILLED CRESCENT,
FRUIT, JUICE, MILK

FRIDAY

PIZZA BAGEL, FRUIT, JUICE, MILK

7

YEAST DONUT, FRUIT, JUICE,
MILK

8

STRAWBERRY MINI BAGEL, FRUIT,
JUICE, MILK

9

PANCAKE WRAP, FRUIT, JUICE,
MILK

10

EGG & CHEESE UNCRUSTABLE,
FRUIT, JUICE, MILK

11

Veterans Day

APPLE BOSCO, FRUIT, JUICE, MILK

14

BREAKFAST COOKIE, FRUIT, JUICE,
MILK

15

PANCAKE SANDWICH, FRUIT,
JUICE, MILK

16

MINI FRENCH TOAST, FRUIT,
JUICE, MILK

17

APPLE FRUDEL, JUICE, FRUIT, MILK

18

CINNAMON TOAST CRUNCH
BAR, FRUIT, JUICE, MILK

21

POPART W/ CHEESE STICK,
FRUIT, JUICE, MILK

22

WAFFLE, FRUIT, JUICE, MILK



23

THANKSGIVING BREAK



24

HAPPY THANKSGIVING



25

THANKSGIVING BREAK

28

MINI DONUTS, FRUIT, JUICE,
MILK

29

CEREAL, FRUIT, JUICE, MILK

30

APPLE TEXAS TOAST, FRUIT, JUICE,
MILK

