

MAY 2025

SHERIDAN MIDDLE AND HIGH SCHOOL

BREAKFAST



School Information:

Last day for students May 22nd.

Have a safe and enjoyable summer!



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



To locate a Summer Food Service feeding site.
Please call 1-866-348-6479 for English or 1-877-842-6273 for Spanish

CINCO DE MAYO

5

KITCHEN CREATED ☺
BREAKFAST BURRITO,
FRUIT, JUICE, MILK

6

WAFFLES, FRUIT, JUICE,
MILK

7

"GRAB AND GO", FRUIT,
JUICE, MILK

1

MINI FRENCH TOAST,
FRUIT, JUICE, MILK

2

CHICKEN & BISCUIT,
FRUIT, JUICE, MILK

12

WARM FRUIT FRUDEL,
JUICE, FRUIT, MILK

13

PANCAKE WRAP, FRUIT,
JUICE, MILK

14

"GRAB AND GO", FRUIT,
JUICE, MILK

15

EGG AND CHEESE
SANDWICH, FRUIT,
JUICE, MILK

16

CINNI-MINI PULL-
APART ROLL, FRUIT,
JUICE, MILK

19

BREAKFAST WRAP,
FRUIT, JUICE, MILK

20

FRENCH TOAST STICKS,
FRUIT, JUICE, MILK

21

" GRAB AND GO",
FRUIT, JUICE, MILK

22

COOK'S CHOICE, FRUIT,
JUICE, MILK

23

ENJOY YOUR SUMMER
☺

MEMORIAL DAY



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THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER.

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28

29

30