

# SEPTEMBER 2024

## SHERIDAN MIDDLE AND HIGH SCHOOL

### BREAKFAST



#### School Information:

LABOR DAY, SEPT. 2<sup>ND</sup> School not in session.  
Homecoming Sept. 27<sup>th</sup> GO Blackhawks



**September is National Biscuit Month.** Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!



### MONDAY

#### Labor Day

2

**SCHOOL NOT IN SESSION.  
ENJOY THE DAY WITH FAMILY  
AND FRIENDS.**

### TUESDAY

3

APPLE STRUDEL, FRUIT,  
JUICE, MILK

### WEDNESDAY

4

"GRAB AND GO"  
BREAKFAST, FRUIT,  
JUICE, MILK

### THURSDAY

5

FRENCH TOAST BITES,  
FRUIT, JUICE, MILK

### FRIDAY

6

CHURRO DONUT,  
FRUIT JUICE, MILK

9

PANCAKE WRAP, JUICE  
FRUIT, MILK

10

BAGEL, FRUIT, JUICE, MILK

11

"GRAB AND GO"  
BREAKFAST, FRUIT,  
JUICE, MILK

12

BREAKFAST PIZZA,  
FRUIT, JUICE, MILK

13

CINNAMON ROLL,  
FRUIT, JUICE, MILK

16

BREAKFAST SANDWICH,  
FRUIT, JUICE, MILK

17

BERRY FRENCH TOAST,  
FRUIT, JUICE, MILK

18

"GRAB AND GO"  
BREAKFAST, FRUIT,  
JUICE, MILK

19

WAFFLE, FRUIT, JUICE,  
MILK

20

DONUT HOLES, FRUIT,  
JUICE, MILK

23

CONFETTI PANCAKES,  
FRUIT, JUICE, MILK

24

HAM, EGG, CHEESE  
WRAP, FRUIT, JUICE,  
MILK

25

"GRAB AND GO"  
BREAKFAST, FRUIT,  
JUICE, MILK

26

BREAKFAST BURRITO,  
FRUIT, JUICE, MILK

27

CHOCOLATE FILLED  
CRESCENT, FRUIT,  
JUICE, MILK

30

FRENCH TOAST STICKS,  
FRUIT, JUICE, MILK

WE ALSO SERVE, CEREAL,  
BREAKFAST BARS, CHEESE  
STICKS, AND NUTRI BARS  
EVERY SCHOOL DAY.



THIS INSTITUTION IS  
AN EQUAL  
OPPORTUNITY  
PROVIDER.