

MAY 2025

SHERIDAN MIDDLE AND HIGH SCHOOL

LUNCH



School Information:

Last day for students May 22nd.

Have a safe and enjoyable summer !



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



To locate a Summer Food Service feeding site.
Please call 1-866-348-6479 for English or 1-877-842-6273 for Spanish

Cinco de Mayo
Street tacos, salsa, refried beans, lettuce, cheese, mixed fruit, milk

5

Loaded potato fries,
Bacon, chicken, cheese,
Steamed broccoli, fresh fruit, milk

6

Pasta w/ meat sauce,
marinara sauce, garlic bread, mixed veggies, frozen fruit cup, milk

7

Blackhawk bowl ☺
Chicken poppers,
mashed potatoes, corn, cheese, gravy, biscuit, fresh fruit, milk

1

Grilled cheese, spring salad (strawberries, spinach, croutons) carrot stick, baked chips, mixed fruit, milk

2

Chicken tenders,
potatoes, corn, romaine salad, fresh fruit, milk

8

Macaroni and cheese topped w/ baked Cheetos, steamed carrots, celery sticks, mixed fruit cup, milk

9

French toast sticks,
Breakfast potatoes, warm spiced apples, tomato juice, fresh fruit, milk

12

Walking taco, salsa, cheese, churro beans, Mexi corn salad, frozen fruit cup, milk

13

Lasagna roll-up, bread stick, marinara sauce, California veggies, fresh fruit, milk

14

Chicken and noodles,
mashed potatoes, gravy, corn bread, green beans, peaches, milk

15

Blackhawk burger, baked beans, lettuce, tomato, pickle, baked chips, applesauce, milk

16

Bosco sticks, marinara dipping sauce, steamed broccoli, fresh fruit, milk

19

Crispitos, salsa, refried beans, romaine salad, mixed fruit cup, fresh fruit, milk

20

Cooks choice, fruit, veggie, milk

21

Cooks choice, fruit, veggie, milk

22



ENJOY YOUR SUMMER

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Memorial Day



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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

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